




CORPORATE  
DINING


WITH

FOUR  
ELEMENTS  
CATERING







# WHY CHOOSE FOUR ELEMENTS CATERING?




OUR EXPERIENCED TEAM OF CHEFS CAN TAKE OVER ANY KITCHEN TO PROVIDE YOU WITH PREMIUM CATERING FOR ANY EVENT SERVICE. WE ALSO OFFER FANTASTIC OUTDOOR CATERING OPTIONS, INCLUDING MARQUEE AND FOOD TRAILER CATERING. ALONG WITH OUR CATERERS, OUR WAITING AND BAR STAFF ARE ALSO AVAILABLE TO HIRE FOR A COMPLETE SERVICE. REGARDLESS OF WHAT KIND OF EVENT YOU HAVE PLANNED, WE ARE READY TO SERVE YOU.

## DESIGN YOUR DREAM MENU

EVERYBODY WANTS TO MAKE THEIR PARTY EXTRA SPECIAL WITH THEIR OWN UNIQUE TWIST. WITH OUR BESPOKE MENU OPTIONS, YOU CAN CHOOSE FROM A VARIETY OF DISHES TO CREATE YOUR PERFECT PARTY. YOU COULD DECIDE ON A THREE-COURSE MEAL WITH AN ACCOMPANYING ARRANGEMENT OF CANAPÉS, OR DESIGN A DELICIOUS BUFFET TO CATER FOR A RANGE OF TASTES. WHAT ABOUT A SIZZLING HOG ROAST OR MOUTH-WATERING GASTRO STYLE BURGERS! TAKE A LOOK AT OUR PRIVATE DINING & PARTY MENUS TO DISCOVER OUR FULL RANGE OF DINING OPTIONS.



WHETHER YOU WANT A FINE DINING EXPERIENCE OR CASUAL FINGER FOODS, WE WILL TAKE YOUR CULINARY IDEAS AND CREATE AMAZING DISHES THAT WILL LEAVE YOUR GUESTS WANTING MORE.





# BUFFET OR GRAZING BOX

THIS MENU IS DESIGNED TO BE DROPPED OFF IN ECO FRIENDLY SERVEWEAR  
OR CAN BE BOOKED INDIVIDUALLY FOR A PERFECT LUNCH TIME TREAT

MINIMUM OF 15 GUESTS

## MENU A

*Cheese & Chutney Sandwiches*  
*Coronation Chicken Wrap*  
*Tuna Mayo Rolls*  
*Sausage Roll*  
*Potato Salad*  
*Mixed Leaf Salad*  
*Kettle Crisps*  
£15

## MENU B

*Glazed Ham Sandwiches*  
*Duck & Plum Sauce Wrap*  
*Prawn Mayo Rolls*  
*Mini Cornish Pasty*  
*Coleslaw*  
*Mixed Leaf Salad*  
*Tortilla Crisps*  
£16

## MENU C

*Roast Beef Sandwiches*  
*BBQ Pork Wrap*  
*Crab Mayo Rolls*  
*Melton Mowbray Pork Pie*  
*Pasta Salad*  
*Mixed Leaf Salad*  
*Breadsticks & Dips*  
£20





# BUFFET

THIS MENU IS DESIGNED TO BE DROPPED OFF ON ECO FRIENDLY SERVEWEAR  
OR CAN BE SET UP AS A SHOW STOPPING DRESSED BUFFET

MINIMUM OF 25 GUESTS

Two of each section £24pp  
Three of each section £29pp  
Four of each section £34pp

## Cold Cuts

Local Cured Meats  
Roast Topside of Beef  
Roast Loin of Pork  
Beetroot & Gin Gravadlax  
Smoked Mackerel

## Sandwiches

Roast Beef, Mustard & Watercress  
Roast Pork, Apple and Stuffing  
Coronation Chicken  
Egg Mayonnaise & Cress  
Cucumber & Cream Cheese  
Cheddar & Chutney

## Pastry and Pies


Pork and Fennel Sausage Rolls  
Mini Handmade Cornish Pasties  
Hand Raised Pork Pie  
Chicken and Apricot Filo Bites  
Blue Cheese and Leek Tart  
Mushroom and Tarragon Quiche

## Salads

Seasonal Slaw Salad  
Potato Salad  
Greek Salad  
Dressed Leaves

## Desserts

Chocolate Brownie  
Carrot Cake  
Lemon and Lime Drizzle Cake  
Lemon Posset  
Strawberry Eton Mess







# BUFFET BUILD YOUR OWN

THIS MENU IS DESIGNED TO BE DROPPED OFF ON ECO FRIENDLY SERVEWEAR  
MINIMUM OF 25 GUESTS

£15 per person

Sandwiches:

Ham & Tomato Sandwich

Egg Mayonnaise and Cress Sandwich

Cheddar & Chutney Sandwich

Quiche Lorraine

Sausage Rolls

Coleslaw

Potato Salad

Chocolate Brownie

£19 per person

All of the above plus

Beef & Tomato Rolls

Pork Pies

Kettle Crisps

Salted Caramel Cheesecake

£25 per person

Both above menus

Prawns Wraps

Mini Handmade

Cornish Pasties

Selection of Bread & Butter


Selection of Cheese & Biscuits

£30 per person

including all the above menus

Scones, Clotted Cream & Jam

Selection of Tea, Coffee & Juices





# CANAPES

WE RECOMMEND YOU SELECT BETWEEN 3-5 CANAPÉS FOR YOUR PARTY.  
CHOICES MAY BE DEPENDENT ON THE VENUE & EQUIPMENT AVAILABLE TO  
OUR KITCHEN TEAM.



## All priced at £2.95



*Smoked Mackerel Paté on Wholemeal Croutons*  
*Smoked Salmon & Spring Onion Tart*  
*Bacon & Devon Blue Cheese Frittata*  
*Crispy Onion Bhaji & Onion Chutney*  
*Chicken Satay Skewer & Dipping Sauce*  
*Tomato & Mozzarella Skewer*  
*Smoked Salmon & Soft Quail Eggs*  
*Cauliflower Pakoras, Mint Yoghurt*  
*Chicken Liver Parfait on Walnut Bread*  
*Black Pudding Scotch Eggs*  
*Honey Glazed Pig in Blanket*  
*Confit Duck & Soya Sauce Cones*  
*Tomato & Feta Bruschetta*  
*Mini Westcountry Sausage Rolls*  
*Glazed Mini Chorizo on a Stick*  
*Roasted Squash & Blue Cheese Bruschetta*

## Supplement of £1.50



*Local Scallops Wrapped in Bacon*  
*Asparagus wrapped in Parma Ham*  
*Crab & Haddock Scotch Egg*  
*Honey Glazed Pig in Blanket*  
*Smoked Salmon, Egg & Caviar on Blini*  
*Salmon Gravavlax, Cream Cheese, Blini*  
*Crab, Lobster & Avocado Cones*  
*Confit Duck & Soya Sauce Cones*  
*Devon Crab & Salcombe Lobster Tart*  
*Vegetable Samosa & Sweet Chilli Sauce*  
*Seared Beef Carpaccio, Rocket & Capers on Toast*  
*Mini Yorkshire Puddings & Roast Beef*  
*Mushroom & Tarragon Quiche*  
*Roasted Squash & Blue Cheese Bruschetta*  
*Mini Devon Beef Sliders & Cheddar Cheese*





# AFTERNOON TEA

THIS STYLE IS SUITABLE FOR DROP OFF OR SERVED  
MINIMUM OF X<sub>30</sub> GUESTS

## ***Traditional***

*£28 per person*

*add tea & coffee for £3.50*

## ***SANDWICHES***

*Ham with Grain Mustard Mayonnaise*

*Cheddar Cheese with Chutney*

*Cucumber with Cream Cheese*

*Egg Mayonnaise & Watercress on Brioche*

## ***SCONES AND PASTRIES***

*Freshly Baked Raisin & Plain Scones*

*Cornish Clotted Cream & Preserve*

## ***Cakes***

*Lemon Drizzle*

*Chocolate Cake*

*Victoria Sponge*

## ***Four Elements High Tea***

*£35 per person*

*add Tea & Coffee for £3.50*

## ***Tier One***

*Salmon Gravadlax Bruschetta*

*Cheese & Chutney Sandwich*

*Egg Mayonnaise Sandwich*

## ***Tier Two***

*Quails Egg Scotch Egg*

*Cheese & Onion Quiche*

*Pigs in Blankets*

*Vegetable Samosas*

## ***Tier Three***

*Fruit & Plain Scones, Clotted Cream &*

*Strawberry Jam*

*Salted Caramel Brownie*

*Fruit Tarts*

*Macarons*





# BREAKFAST

## *Continental*

*Jugs of Fruit Juice, Flasks of Coffee, Flasks of Hot Water*

*Selection of Teas  
Semi Skimmed Milk & Whole Milk*

*Freshly Baked Pastries, Selection of Sliced Fruit,  
Individual Pots of Greek Yoghurt, Granola & Fruit,  
Mini Jams & Preserves  
£12 person*


# CAKES

*Lemon Drizzle Cake  
Sloe Gin Fruit Cake  
Apricot & Hazelnut Fruit Cake  
Coffee & Walnut Cake  
Victoria Sponge  
Dundee Cake  
Carrot & Cardamom Cake  
Ginger & Apple Fruit Cake*

*All £4 per person*

# TEA BREAKS

*Served Tea & Coffee £3.50 Per person  
Tea & Coffee Station £2.50pp  
Selection of Biscuits £2pp  
Selection of Truffles £2pp  
Selection Macarons £2pp  
Truffles & Macarons £3.50pp  
Selection of Biscuits £2pp*





# FOOD TRUCK

WE HAVE TWO CONVERTED HORSE BOX TRAILERS THAT CAN BE SITUATED  
IN ANY LOCATION, TO PROVIDE MOUTH WATERING DISHES FOR YOUR  
STAFF OR CLIENTS

## ***Street food***

*North African Lamb Tagine £11*  
*Squash & Chickpea Tagine £10*  
*Fully Loaded Burger £11*  
*Element Fried Chicken Burger £11*  
*Vegan Earth Burger £10*  
*Classic Hot Dog £8*  
*Falafel Dog £8*  
*Element Fish Dog £10*  
*Chili Dog £9*

*Slow Roasted Pork Belly £10*  
*Element Nachos £8*  
*Loaded Meaty Nachos £9*  
*Elements BLT Roll £11*  
*Cauliflower Curry £9*  
*Element Fries £8*  
*Elements Fish Cake Brioche Roll £9*  
*Falafel Dog £8*  
*Element Fish Dog £9*  
*Soft Shell Open Taco from £7*

## ***Barrel Roasted Over Wood & Coal***

*Roast Pork Roll £8*  
*Crackling, Stuffing & Apple Sauce*

*Pulled Brisket of Beef Ciabatta £9*  
*Horseradish & Water Cress*

*Lamb Gyros Wrap £9*  
*Lettuce, Tomato, Fries & Tzatziki*

*Stuffed Squash £8*  
*Roasted Squash, Chickpea & Moroccan  
Spice, Mint Yoghurt Dressing*

*Cauliflower Wedge £8*  
*Roasted Spiced Cauliflower Wedge, Roasted  
Red Peppers & Chermoula Dressing*

*Add Sides for £4pp*  
*Slaw Salad, Potato Salad, Leaves, Pickles &  
Relish*

## ***Light Bites***

*Cornish Pasties from £3.50 per personn*  
*Sausage Rolls £3.20pp*  
*Selection of Pies from £3.50pp*  
*Finger Buffets from £10pp*  
*Selection of Pizzas from £6pp*  
*Cheese Platters from £12pp*





# HOT BOWL FOOD

THIS MENU IS DESIGNED TO SET UP AS A SERVED BUFFET FROM HOT DISHES

MINIMUM OF 35 GUESTS

## **Meat**

*Slow Roasted Citrus Chicken, Spiced Crack Wheat & Yoghurt*  
*Smoked 7 Day Cured Pork Belly, Five Bean Chilli & Sour Cream*  
*Braised & Slow Roasted Brisket of Beef, Creamed Savoy Cabbage, Peppercorn Sauce*  
*Braised Shoulder of Lamb, Potato & Celeriac Puree, Braised Red Cabbage, Rosemary Jus*  
*Roasted Duck, Roast Potato, Honey Roasted Figs, Madeira Jus*  
*Thai Green Chicken Curry, Lime Coriander Sticky Rice*  
*Slow Roasted Leg of Lamb, Apricot & Chickpea Tagine*  
*Honey & Ginger Glazed Duck Asian Slaw*  
*Pork & Sage Sausage, Creamy Mash, Onion Gravy*  
*Pulled Pork & Devon Dexter Burger, Bacon & Cheese*

## **Fish**

*Harissa Monkfish, Saffron & Tomato Risotto*  
*Wood Roasted Hake, Roasted New Potatoes, Asparagus & Peas*  
*Pan Fried Fillet of Seabass, Squid Ink Spaghetti*  
*Fish pie - Salmon, Cod & Prawns Topped With Herby Mash*  
*Hot Smoked Mackerel, Tomatoes & Red Onion Salsa*  
*Thai Red Prawn Curry, Lime & Chilli Noodles*  
*Home Smoked Haddock, Linguini, Rocket & Basil Pesto*  
*Salmon & Crab Cake, Gem Lettuce, Tomato & Tartar Sauce*

## **Vegetarian**

*Roasted Squash, Chickpea Tagine & Cous Cous*  
*Cauliflower Curry, Lemon & Cardamom Pilaf Rice*  
*Tortilla Chips, Five Bean Chilli, Sour Cream &, Jalapeño*  
*Courgette, Pea & Soft Herb Risotto*  
*Goats Cheese Gnocchi, Sun Blushed Tomatoes, Basil & Rocket*

£24.00 PER PERSON  
CHOOSE 3 BOWLS (TO INCLUDE A VEGETARIAN OPTION)







# EXTRAS & STAFFING

WE MAKE YOUR DAY RUN SMOOTHLY

## **EQUIPMENT HIRE**

*Full Set Plate Hire £7 per person*

*Cutlery Hire £5pp*

*Glass Hire £7pp*

*Trailer Hire from £250 (may apply)*

*Bar Trailer Hire from £250*

*Waste Disposal £30*

## **HIRE OUR STAFF**

### **Waiting Staff**

*We will set up everything for you and your guests. We will also remove all the mess so you have no hidden jobs the following day.*

*£25 (p/h)*

### **Chefs**

*All our chefs are very experienced working within some of the region's best hotels and restaurants. We all have great passion for local & seasonal ingredients.*

*£30 (p/h)*

### **Bar Staff (We serve your Drinks)**

*We have highly experienced bar staff to provide your drinks service with all your needs. From setting up the bar to clearing away the dirty glasses our staff will have it covered.*

*£35 (p/h)*

